

DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY														
<p>9-4* Footcare (HR) 3</p> <p>9-11.....Zentangle (LR)</p> <p>9:30-11:30.....Karaoke (M1)</p> <p>10-12.....Independent Living Specialist (L)</p> <p>10-2.....Mah Jongg (R)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>1-4:30.....Scrabble (L)</p> <p>1:30-3:30.....Computer Tutor (C)</p> <p>2-3* Silver Sneakers Classic (CC)</p> <p>3:30-9:30.....* Spanaway Lake Fantasy Lights</p> <p>5-9.....Extended Hours</p> <p>5:45-9.....Pinochle Party (L)</p> <p>6-9.....Straight Pool (P)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 4</p> <p>9-10.....Wellness Meeting (CR)</p> <p>9:30-2:30.....* Walk: Seward Park</p> <p>9:30-11:30.....Canasta (L)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (M1)</p> <p>10-12.....Book Club (LR)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>12:30-2.....Computer Tutor (C)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>12:45-2:30.....Holiday Bingo (LR)</p> <p>2-4:30.....Table Tennis (M2-3)</p> <p>5-9.....Extended Hours</p> <p>5:30-8:45.....Mexican Train Dominoes (L)</p> <p>6-8.....Ukulele Group (M1)</p>	<p>9-12.....*Acrylics (LR) 5</p> <p>9:30-3.....Pantry Set up (M1)</p> <p>10:15-11.....Gameshow (R)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>1-3.....* Watercolor (LR)</p> <p>1-3.....Scotch Double Pool Tournament (P)</p> <p>1-3.....Veterans Meeting (CR)</p> <p>1-3:30.....Movie (R)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4:30-7:30.....* Maple Valley Bar and Grill</p> <p>4:30-6:30.....Movie (R)</p> <p>5-9.....Extended Hours</p> <p>5:30-8:45.....Mexican Train Dominoes (L)</p> <p>6:30-8:30.....* Watercolor (LR)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 6</p> <p>9-2.....* Massage & Acupuncture</p> <p>9-1.....Food Pantry (M1)</p> <p>9-11.....Computer Tutor (C)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....ORCA Card (L)</p> <p>9:30-10:30.....Sail (LR)</p> <p>10-3:30.....* Downtown Seattle</p> <p>10-12.....Hopelink (L)</p> <p>10:30-11.....* Beginning Spanish (C)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>2-4.....Line Dancing (M2-3)</p> <p>5-9.....Extended Hours</p>	<p>9-12.....Food Pantry (M1) 7</p> <p>10-3.....Respite (LR)</p> <p>10-12:30.....Contract Bridge (R)</p> <p>10-12.....Computer Tutor (C)</p> <p>1-4:30.....Scrabble (L)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p>														
<p>9-4.....* Footcare (HR) 10</p> <p>9-11.....Zentangle (LR)</p> <p>9:30-11:30.....Karaoke (M1)</p> <p>10-2.....Mah Jongg (R)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>1-4:30.....Scrabble (L)</p> <p>1:30-3:30.....Computer Tutor (C)</p> <p>2-4.....Grief Support (LR)</p> <p>2-3* Silver Sneakers Classic (CC)</p> <p>4:45-5:30.....* Senior Dinner (M2-3)</p> <p>5-9.....Extended Hours</p> <p>5:45-9.....Pinochle Party (L)</p> <p>6-9.....Straight Pool (P)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 11</p> <p>9:30-11:30.....Canasta (L)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (M1)</p> <p>10-11:30.....Advisory Council (LR)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>11:30-12.....Holiday Entertainment (M1)</p> <p>12:30-2.....Computer Tutor (C)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>2-4:30.....Table Tennis (LR)</p> <p>2-3:30.....* Volunteer Holiday Party (M1-3)</p> <p>5-9.....Extended Hours</p> <p>5:30-8:45.....Mexican Train Dominoes (L)</p> <p>6-8.....Ukulele Group (M1)</p>	<p>8:30-4:30.....* Dental Services (HR) 12</p> <p>9-12.....*Acrylics (LR)</p> <p>10:30-12.....Music by Country Fever (M1-2)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:45-3:45.....* Pool Tournament (P)</p> <p>1-3.....* Watercolor (LR)</p> <p>1-3.....Veterans Meeting (CR)</p> <p>1-3:30.....Movie (R)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4:30-6:30.....Movie (R)</p> <p>5-9.....Extended Hours</p> <p>5:30-8:45.....Mexican Train Dominoes (L)</p> <p>6:30-8:30.....* Watercolor (LR)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 13</p> <p>8:30-4:30.....* Dental Services (HR)</p> <p>9-11.....Computer Tutor (C)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (M1)</p> <p>10-5.....* Lion King</p> <p>10-11.....Coffee Hour w/ Councilmembers (R)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>11:30-12:30.....Birthday/Anniversary Celebration (M 2-3)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>2-4.....Line Dancing (M2-3)</p> <p>5-9.....Extended Hours</p>	<p>9:30-2:30.....* Hikers Party 14</p> <p>10-3.....Respite (LR)</p> <p>10-12:30.....Contract Bridge (R)</p> <p>10-12.....Computer Tutor (C)</p> <p>1-4:30.....Scrabble (L)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p>														
<p>9-4.....* Footcare (HR) 17</p> <p>9-11.....Zentangle (LR)</p> <p>9:30-11:30.....Karaoke (M1)</p> <p>10-3:30.....Mystery Trip</p> <p>10-2.....Mah Jongg (R)</p> <p>11-12.....Blood Pressure Clinic (L)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>1-4:30.....Scrabble (L)</p> <p>1:30-3:30.....Computer Tutor (C)</p> <p>2-3* Silver Sneakers Classic (CC)</p> <p>5-9.....Extended Hours</p> <p>5:45-9.....Pinochle Party (L)</p> <p>6-9.....Straight Pool (P)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 18</p> <p>9:30-11:30.....Canasta (L)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (LR)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>11.....* First Seating: Holiday Dinner</p> <p>12:30-2.....Computer Tutor (C)</p> <p>12:45-3:30.....NO Pinochle Party (L & R)</p> <p>12:45-2:30.....NO Bingo (LR)</p> <p>1.....* Second Seating: Holiday Dinner</p> <p>2-4:30.....NO Table Tennis (M2-3)</p> <p>4-11.....* Irish Tenors</p> <p>5-9.....Extended Hours</p> <p>5:30-8:45.....Mexican Train Dominoes (L)</p> <p>6-8.....Ukulele Group (M1)</p>	<p>9-12:45.....* SHIBA & SRA (CR) 19</p> <p>9-12.....*Acrylics (LR)</p> <p>10:30-11:30.....3 Shade of Gray (M2)</p> <p>11-2:30.....* 67 at the Edgewater</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:45-3:45.....* Pool Tournament (P)</p> <p>1-3.....* Veterans Meeting (CR)</p> <p>1-3:30.....Movie (R)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4:30-6:30.....Movie (R)</p> <p>5-9.....Extended Hours</p> <p>5:30-8:45.....Mexican Train Dominoes (L)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 20</p> <p>9-2.....* Massage & Acupuncture</p> <p>9-11.....Computer Tutor (C)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (M1)</p> <p>10-12.....Red Hat Party (LR)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>2-4.....Line Dancing (M2-3)</p> <p>5-9.....Extended Hours</p>	<p>10-3.....Respite (LR) 21</p> <p>10-12:30.....Contract Bridge (R)</p> <p>10-12.....Computer Tutor (C)</p> <p>10-11.....Knife Sharpening</p> <p>1-4:30.....Scrabble (L)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p>														
<p>24</p> <p>NO PROGRAMMING</p> <p>BUILDING OPEN 8AM-5PM</p>	<p>25</p> <p>MERRY CHRISTMAS</p> <p>CENTER CLOSED</p>	<p>26</p> <p>10:30-12.....Music by Country Fever (M1-2)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:45-3:45.....* Pool Tournament (P)</p> <p>1-3.....Veterans Meeting (CR)</p> <p>1-3:30.....Movie (R)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4:30-6:30.....Movie (R)</p> <p>5-9.....Extended Hours</p> <p>5:30-8:45.....Mexican Train Dominoes (L)</p>	<p>27</p> <p>8-9.....Silver Sneakers Circuit (CC)</p> <p>9-2.....* Massage & Acupuncture</p> <p>9-11.....Computer Tutor (C)</p> <p>9-10.....Host/Hostess/Barista Meeting (M1)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (M1)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>2-4.....Line Dancing (M2-3)</p> <p>5-9.....Extended Hours</p>	<p>28</p> <p>10-3.....Respite (LR)</p> <p>10-12:30.....Contract Bridge (R)</p> <p>10-12.....Computer Tutor (C)</p> <p>1-4:30.....Scrabble (L)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p>														
<p>31</p> <p>9-4.....* Footcare (HR)</p> <p>9-11.....Zentangle (LR)</p> <p>9:30-11:30.....NO Karaoke (M1)</p> <p>10-2.....Mah Jongg (R)</p> <p>11:30-1.....* New Years Lunch (CC)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>1-2:30.....Office Volunteer Meeting (CR)</p> <p>1-4:30.....Scrabble (L)</p> <p>1:30-3:30.....Computer Tutor (C)</p> <p>2-3* Silver Sneakers Classic (CC)</p> <p>5-9.....Extended Hours</p> <p>5:45-9.....Pinochle Party (L)</p> <p>6-9.....Straight Pool (P)</p>			<p>*Pre-Registration Required</p> <p>Legend: (subject to change)</p> <table border="0"> <tr> <td>M (Millennium) 1-2-3</td> <td>HR-Health Room</td> </tr> <tr> <td>L-Lobby</td> <td>H-Hearth</td> </tr> <tr> <td>R-Rotary</td> <td>CB-Coffee Bar</td> </tr> <tr> <td>CR-Conference Room</td> <td>OS-Off Site</td> </tr> <tr> <td>P-Pool Room</td> <td>LGB-Les Gove Bldg</td> </tr> <tr> <td>C-Computer Resource</td> <td>GYM-Parks Gym</td> </tr> <tr> <td>CC-Community Center</td> <td>LR- Lions Room</td> </tr> </table>	M (Millennium) 1-2-3	HR-Health Room	L-Lobby	H-Hearth	R-Rotary	CB-Coffee Bar	CR-Conference Room	OS-Off Site	P-Pool Room	LGB-Les Gove Bldg	C-Computer Resource	GYM-Parks Gym	CC-Community Center	LR- Lions Room	<p>Check Senior Activity Center</p> <p>or Parks, Arts & Recreation</p> <p>brochures for evening classes.</p>
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JANUARY 2019

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<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>*Pre-Registration Required Legend: (subject to change)</p> <p>M (Millennium) 1-2-3 HR-Health Room L-Lobby H-Hearth R-Rotary CB-Coffee Bar CR-Conference Room OS-Off Site P-Pool Room LGB-Les Gove Bldg C-Computer Resource GYM-Parks Gym CC-Community Center LR- Lions Room AGC- Auburn Golf Course</p> </div>	<p>1</p> <p>HAPPY NEW YEAR! CENTER CLOSED</p>	<p>2</p> <p>8:30Registration Opens 9:30-3Pantry Set up (M1) 10:15-11Gameshow (R) 12-1:30.....Pickleball (Gym) 1-3Scotch Double Pool Tournament (P) 1-3Veterans Meeting (CR) 1-3:30Movie: I Can Only Imagine (R) 2-3* Silver Sneakers Classic (CC) 4:30-6:30Movie: I Can Only Imagine (R) 5-8Extended Hours 5:30-8Mexican Train Dominoes (L)</p>	<p>3</p> <p>8-9Silver Sneakers Circuit (CC) 9-2* Massage & Acupuncture 9-1Food Pantry (M1) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....ORCA Card (L) 9:30-10:30.....Sail (CC) 9:30-10:30.....Tai Chi (LR) 10-12Book Club (R) 10-10:30Coffee with a Cop (L) 10:30-11:30.....Starting Off New Year Right (LR) 11-12* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 2-4Line Dancing (M2-3) 5-8Extended Hours</p>	<p>4</p> <p>9-12.....Food Pantry (M1) 10-3.....Respite (LR) 10-12:30Contract Bridge (R) 10-12Computer Tutor (C) 1-4:30Scrabble (L) 2-3* Silver Sneakers Classic (CC)</p>
<p>7</p> <p>9-4* Footcare (HR) 9-11Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 10-12.....Independent Living Specialist (L) 12-1:30.....Pickleball (Gym) 1-4:30Scrabble (L) 1:30-3:30Computer Tutor (C) 2-3* Silver Sneakers Classic (CC) 4-8Straight Pool (P) 4-8Line Dancing Group (LR) 5-8Extended Hours 5:30-8Pinochle Party (L)</p>	<p>8</p> <p>8-9Silver Sneakers Circuit (CC) 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12* Grief Support Group (R) 10-12* Massage (HR) 10-11Wellness Workshop (LR) 11-12* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30Table Tennis (M2-3) 4-8Line Dancing Group (LR) 5-8Extended Hours 5:30-8Mexican Train Dominoes (L)</p>	<p>9</p> <p>9-12.....* Acrylic (LR) 10:30-12Music by Country Fever (M1-2) 12-1:30.....Pickleball (Gym) 12:45-3:45.....* Pool Tournament (P) 1-3Veterans Meeting (CR) 1-3:30Movie: Black Panther (R) 2-3* Silver Sneakers Classic (CC) 4:30-7:30* Bahama Breeze 4:30-6:30Movie: Black Panther (R) 5-8Extended Hours 5:30-8Mexican Train Dominoes (L)</p>	<p>10</p> <p>8-9Silver Sneakers Circuit (CC) 9-2* Massage & Acupuncture 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 9:30-10:30.....Tai Chi (LR) 10-11Coffee Hour w/ Councilmembers (R) 11-12* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 1-2Identity Fraud (LR) 2-4Line Dancing (M2-3) 5-8Extended Hours</p>	<p>11</p> <p>9-3:30*Hike: Puget Park 10-3.....Respite (LR) 10-12:30Contract Bridge (R) 10-12Computer Tutor (C) 1-4:30Scrabble (L) 2-3* Silver Sneakers Classic (CC)</p>
<p>14</p> <p>9-4* Footcare (HR) 9-11Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 11:30-1:30.....Red Hat Bingo (R) 12-1:30.....Pickleball (Gym) 1-4:30Scrabble (L) 1:30-3:30Computer Tutor (C) 2-3* Silver Sneakers Classic (CC) 4-8Straight Pool (P) 4-8Line Dancing Group (LR) 4:45-5:30* Senior Dinner (M2-3) 5-8Extended Hours 5:30-8Pinochle Party (L)</p>	<p>15</p> <p>8-9Silver Sneakers Circuit (CC) 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12* Grief Support Group (R) 10-12* Massage (HR) 10-11:30Advisory Council (LR) 11-12* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 12:45-2:30.....Bingo (LR) 2-4:30Table Tennis (M2-3) 4-8Line Dancing Group (LR) 5-8Extended Hours 5:30-8Mexican Train Dominoes (L)</p>	<p>16</p> <p>9-12:45.....* SHIBA & SRA (CR) 9-12.....* Acrylic (LR) 12-1:30.....Pickleball (Gym) 12:45-3:45.....* Pool Tournament (P) 1-3* Watercolor (LR) 1-3Veterans Meeting (CR) 1-3:30Movie: The 15:17 to Paris (R) 2-3* Silver Sneakers Classic (CC) 4:30-6:30Movie: The 15:17 to Paris (R) 5-8Extended Hours 5:30-8Mexican Train Dominoes (L) 6:30-8:30* Watercolor (LR)</p>	<p>17</p> <p>8-9Silver Sneakers Circuit (CC) 8:30-4:30.....* Dental Services (HR) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 9:30-10:30.....Tai Chi (LR) 11-12* Gentle Yoga (CC) 11:30-12:30Birthday/Anniversary Celebration (M 2-3) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 1-1:45Iphones (LR) 1:45-2:30Android Phone (LR) 2-4Line Dancing (M2-3) 5-8Extended Hours</p>	<p>18</p> <p>8:30-4:30* Dental Services (HR) 9:30-1:30* Escape Freighthouse 10-3.....Respite (LR) 10-12:30Contract Bridge (R) 10-12Computer Tutor (C) 1-4:30Scrabble (L) 2-3* Silver Sneakers Classic (CC)</p>
<p>MARTIN LUTHER KING DAY CENTER CLOSED</p>	<p>21</p> <p>8-9Silver Sneakers Circuit (CC) 9:30-2:30* Walk: Ruston Way 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12* Grief Support Group (R) 10-12* Massage (HR) 11-12* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30Table Tennis (M2-3) 5-8Extended Hours 5:30-8Mexican Train Dominoes (L)</p>	<p>22</p> <p>9-12.....* Acrylic (LR) 10:30-12Music by Country Fever (M1-2) 11:30-2.....* Casa Mia 12-1:30.....Pickleball (Gym) 12:45-3:45.....* Pool Tournament (P) 1-3* Watercolor (LR) 1-3Veterans Meeting (CR) 1-3:30Movie: Hands of Stone (R) 2-3* Silver Sneakers Classic (CC) 4:30-6:30Movie: Hands of Stone (R) 5-8Extended Hours 5:30-8Mexican Train Dominoes (L) 6:30-8:30* Watercolor (LR)</p>	<p>23</p> <p>8-9Silver Sneakers Circuit (CC) 9-2* Massage & Acupuncture 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 9:30-10:30.....Tai Chi (LR) 11-12* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 1-2What is Community Living Connections (LR) 2-4Line Dancing (M2-3) 5-8Extended Hours</p>	<p>24</p> <p>9-3:30*Hike: Foothills Trail 10-3.....Respite (LR) 10-12:30Contract Bridge (R) 10-12Computer Tutor (C) 1-4:30Scrabble (L) 2-3* Silver Sneakers Classic (CC)</p>
<p>28</p> <p>8:30-12:30.....* Drivers Safety (LR) 9-4* Footcare (HR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 11-12Blood Pressure Clinic (L) 12-1:30.....Pickleball (Gym) 1-2:30Office Volunteer Meeting (CR) 1-4:30Scrabble (L) 1:30-3:30Computer Tutor (C) 2-3* Silver Sneakers Classic (CC) 4-8Straight Pool (P) 4-8Line Dancing Group (LR) 5-8Extended Hours 5:30-8Pinochle Party (L)</p>	<p>29</p> <p>8-9Silver Sneakers Circuit (CC) 8:30-12:30.....* Drivers Safety (LR) 9-2:30* Nordic Heritage Museum 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12* Grief Support Group (R) 10-12* Massage (HR) 11-12* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30Table Tennis (M2-3) 4-8Line Dancing Group (LR) 5-8Extended Hours 5:30-8Mexican Train Dominoes (L)</p>	<p>30</p> <p>9-12.....* Acrylic (LR) 12-1:30.....Pickleball (Gym) 1-3* Watercolor (LR) 1-3Veterans Meeting (CR) 1-3:30Movie: Sabrina (R) 2-3* Silver Sneakers Classic (CC) 4:30-6:30Movie: Sabrina (R) 5-8Extended Hours 5:30-8Mexican Train Dominoes (L) 6:30-8:30* Watercolor (LR)</p>	<p>31</p> <p>8-9Silver Sneakers Circuit (CC) 9-3* Snowshoeing 9-2* Massage & Acupuncture 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 9:30-10:30.....Tai Chi (LR) 11-12* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 1-2Food Science Series (LR) 2-4Line Dancing (M2-3) 5-8Extended Hours</p>	<p>Check Senior Activity Center or Parks, Arts & Recreation brochures for evening classes.</p>

FEBRUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY														
<div style="border: 2px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>*Pre-Registration Required Legend: (subject to change)</p> <table style="font-size: small; width: 100%;"> <tr> <td>M (Millennium) 1-2-3</td> <td>HR-Health Room</td> </tr> <tr> <td>L-Lobby</td> <td>H-Hearth</td> </tr> <tr> <td>R-Rotary</td> <td>CB-Coffee Bar</td> </tr> <tr> <td>CR-Conference Room</td> <td>OS-Off Site</td> </tr> <tr> <td>P-Pool Room</td> <td>LGB-Les Gove Bldg</td> </tr> <tr> <td>C-Computer Resource</td> <td>GYM-Parks Gym</td> </tr> <tr> <td>CC-Community Center</td> <td>LR- Lions Room</td> </tr> </table> </div>	M (Millennium) 1-2-3	HR-Health Room	L-Lobby	H-Hearth	R-Rotary	CB-Coffee Bar	CR-Conference Room	OS-Off Site	P-Pool Room	LGB-Les Gove Bldg	C-Computer Resource	GYM-Parks Gym	CC-Community Center	LR- Lions Room	<p>Check Senior Activity Center or Parks, Arts & Recreation brochures for evening classes.</p>			<p>1</p> <p>10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 1-4:30.....Scrabble (L) 2-3.....* Silver Sneakers Classic (CC)</p>
M (Millennium) 1-2-3	HR-Health Room																	
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<p>4</p> <p>9-5.....* Income Tax Appts. (C) 9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 10-12.....Independent Living Specialist (L) 12-1:30.....Pickleball (Gym) 1-4:30.....Scrabble (L) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Straight Pool (P) 4-8.....Line Dancing Group (LR) 5-8.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>5</p> <p>8-9.....Silver Sneakers Circuit (CC) 9-10.....Wellness Meeting (CR) 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12.....* Grief Support Group (R) 10-12.....* Massage (HR) 10-12.....Book Club (LR) 11-12.....* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 12:45-2:30.....Bingo (L)R 2-4:30.....Table Tennis (M2-3) 4-8.....Line Dancing Group (LR) 5-8.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>6</p> <p>9-12.....* Acrylic (LR) 9:30-3.....Pantry Set up (M1) 10:15-11.....Gameshow (R) 12-1:30.....Pickleball (Gym) 1-3.....* Watercolor (LR) 1-3.....Scotch Double Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Maudie (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-7:30.....* Verrazanos 4:30-6:30.....Movie: Maudie (R) 5-8.....Extended Hours 5:30-8.....Mexican Train Dominoes (L) 6:30-8:30.....* Watercolor (LR)</p>	<p>7</p> <p>7:30-5.....*Elk and Bighorn Sheep 8-9.....Silver Sneakers Circuit (CC) 9-2.....* Massage & Acupuncture 9-1.....Food Pantry (M1) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Hopelink (L) 9:30-10:30.....ORCA Card (L) 9:30-10:30.....Sail (CC) 9:30-10:30.....Tai Chi (LR) 10:30-11:30.....Heart Health 11-12.....* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 1-2.....At Home Assistance (LR) 2-4.....Line Dancing (M2-3) 5-8.....Extended Hours</p>	<p>8</p> <p>9-3:30.....*Hike: Grand Ridge Trail 9-12.....Food Pantry (M1) 10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC)</p>														
<p>11</p> <p>9-5.....* Income Tax Appts. (C) 9-4.....* Footcare (HR) 9-11.....Zentangle (LR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 12-1:30.....Pickleball (Gym) 1-4:30.....Scrabble (L) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Straight Pool (P) 4-8.....Line Dancing Group (LR) 4:45-5:30.....* Senior Dinner (M2-3) 5-8.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>12</p> <p>8-9.....Silver Sneakers Circuit (CC) 9-12.....TEAMS (L) 9:30-2:30.....* Walk: Greenlake 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12.....* Grief Support Group (R) 10-12.....* Massage (HR) 10-11.....Wellness Workshop (R) 11-12.....* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30.....Table Tennis (M2-3) 4-8.....Line Dancing Group (LR) 5-8.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>13</p> <p>9-12.....* Acrylic (LR) 10:30-12.....Music by Country Fever (M1-2) 12-1:30.....Pickleball (Gym) 12:45-3:45.....* Pool Tournament (P) 1-3.....* Watercolor (LR) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Breathe (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: Breathe (R) 5-8.....Extended Hours 5:30-8.....Mexican Train Dominoes (L) 6:30-8:30.....* Watercolor (LR)</p>	<p>14</p> <p>8-9.....Silver Sneakers Circuit (CC) 9-2.....* Massage & Acupuncture 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (CC) 9:30-10:30.....Tai Chi (LR) 10-11.....Coffee Hour w/ Councilmembers (R) 11-12.....* Gentle Yoga (CC) 11:30-1.....* Valentines Day Lunch (M1-3) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 2-4.....Line Dancing (M2-3) 5-8.....Extended Hours</p>	<p>15</p> <p>10-3.....Respite (LR) 10-12:30.....Contract Bridge (R) 10-12.....Computer Tutor (C) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC) 4-10.....* Guys and Dolls -Manestage</p>														
<p>18</p> <p>PRESIDENT'S DAY CENTER CLOSED</p>	<p>19</p> <p>8-9.....Silver Sneakers Circuit (CC) 9-12.....TEAMS (L) 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12.....* Grief Support Group (R) 10-12.....* Massage (HR) 10-11:30.....Advisory Council (LR) 11-12.....* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 12:45-2:30.....Bingo (L)R 2-4:30.....Table Tennis (M2-3) 5-8.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>20</p> <p>9-12:45.....* SHIBA & SRA (CR) 9-12.....* Acrylic (LR) 12-1:30.....Pickleball (Gym) 12:45-3:45.....* Pool Tournament (P) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Paddington 2 (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: Paddington 2 (R) 5-8.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>21</p> <p>8-9.....Silver Sneakers Circuit (CC) 8:30-4:30.....* Dental Services (HR) 8:30-3:30.....* NW Flower & Garden Festival 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 9:30-10:30.....Tai Chi (LR) 11-12.....* Gentle Yoga (CC) 11:30-12:30.....* Birthday/Anniversary Celebration (M 2-3) 12-1:30.....Pickleball (Gym) 12:45-3:30.....NO Pinochle Party (L & R) 1-1:45.....* Iphones (LR) 1:45-2:30.....Android Phone (LR) 2-4.....Line Dancing (M2-3) 5-8.....Extended Hours</p>	<p>22</p> <p>8:30-4:30.....* Dental Services (HR) 9-3:30.....*Hike: Discovery Park 10-3.....Respite (LR) 10-12:30.....NO Contract Bridge (R) 10-12.....Computer Tutor (C) 1-4:30.....Scrabble (L) 1:30-3:30.....Computer Tutor (C) 2-3.....* Silver Sneakers Classic (CC)</p>														
<p>25</p> <p>8:30-12:30.....* Drivers Safety (LR) 9-5.....* Income Tax Appts. (C) 9-4.....* Footcare (HR) 9:30-11:30.....Karaoke (M1) 10-2.....Mah Jongg (R) 11-12.....Blood Pressure Clinic (L) 12-1:30.....Pickleball (Gym) 1-2:30.....Office Volunteer Meeting (CR) 1-4:30.....Scrabble (L) 2-3.....* Silver Sneakers Classic (CC) 4-8.....Straight Pool (P) 4-8.....Line Dancing Group (LR) 5-8.....Extended Hours 5:30-8.....Pinochle Party (L)</p>	<p>26</p> <p>8-9.....Silver Sneakers Circuit (CC) 8:30-12:30.....* Drivers Safety (LR) 9-12.....TEAMS (L) 9:30-11:30.....Canasta (L) 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 10-12.....* Grief Support Group (R) 10-12.....* Massage (HR) 11-12.....* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:30-2.....Computer Tutor (C) 12:45-3:30.....Pinochle Party (L & R) 2-4:30.....Table Tennis (M2-3) 4-8.....Line Dancing Group (LR) 5-8.....Extended Hours 5:30-8.....Mexican Train Dominoes (L)</p>	<p>27</p> <p>9-12.....* Acrylic (LR) 10:30-12.....Music by Country Fever (M1-2) 11:15-2.....*Wally's Chowder House 12-1:30.....Pickleball (Gym) 12:45-3:45.....* Pool Tournament (P) 1-3.....* Watercolor (LR) 1-3.....Veterans Meeting (CR) 1-3:30.....Movie: Sleepless in Seattle (R) 2-3.....* Silver Sneakers Classic (CC) 4:30-6:30.....Movie: Sleepless in Seattle (R) 5-8.....Extended Hours 5:30-8.....Mexican Train Dominoes (L) 6:30-8:30.....* Watercolor (LR)</p>	<p>28</p> <p>8-9.....Silver Sneakers Circuit (CC) 8:30-5.....* Snowshoeing 9-2.....* Massage & Acupuncture 9:30-11:30.....Senior Volleyball (Gym) 9:30-10:30.....Sail (M2) 9:30-10:30.....Tai Chi (LR) 11-12.....* Gentle Yoga (CC) 12-1:30.....Pickleball (Gym) 12:45-3:30.....Pinochle Party (L & R) 1-2.....Food Science (LR) 2-4.....Line Dancing (M2-3) 5-8.....Extended Hours</p>															

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<p>9-5.....* Income Tax Appts. (C) 11</p> <p>9-4.....* Footcare (HR)</p> <p>9-11.....Zentangle (LR)</p> <p>9:30-11:30.....Karaoke (M1)</p> <p>10-2.....Mah Jongg (R)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>1-4:30.....Scrabble (L)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4-8.....Straight Pool (P)</p> <p>4-8.....Line Dancing Group (LR)</p> <p>4:45-5:30.....* Senior Dinner (M2-3)</p> <p>5-8.....Extended Hours</p> <p>5:30-8.....Pinochle Party (L)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 12</p> <p>9-12.....TEAMS (L)</p> <p>9:30-2:30.....* Walk: Alki Beach</p> <p>9:30-11:30.....Canasta (L)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (M2)</p> <p>10-12.....* Massage (HR)</p> <p>10-11.....Wellness Workshop (LR)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:30-2.....Computer Tutor (C)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>2-4:30.....Table Tennis (M2-3)</p> <p>4-8.....Line Dancing Group (LR)</p> <p>5-8.....Extended Hours</p> <p>5:30-8.....Mexican Train Dominoes (L)</p>	<p>9-12.....* Acrylic (LR) 13</p> <p>10:30-12.....Music by Country Fever (M1-2)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:45-3:45.....* Pool Tournament (P)</p> <p>1-3.....Veterans Meeting (CR)</p> <p>1-3:30.....Movie: Same Kind of Different as Me (R)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4:30-6:30.....Movie: Same Kind of Different as Me (R)</p> <p>5-8.....Extended Hours</p> <p>5:30-8.....Mexican Train Dominoes (L)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 14</p> <p>9-2.....* Massage & Acupuncture</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (M2)</p> <p>9:30-10:30.....Tai Chi (LR)</p> <p>10-11.....Coffee Hour w/ Councilmembers (R)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>11:30-12:30.....Birthday/Anniversary Celebration (M 2-3)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>1-2.....Cannabis Information (LR)</p> <p>2-4.....Line Dancing (M2-3)</p> <p>5-8.....Extended Hours</p>	<p>9-3:30.....*Hike: Dash Point State Park</p> <p>10-3.....Respite (LR)</p> <p>10-12:30.....Contract Bridge (R)</p> <p>10-12.....Computer Tutor (C)</p> <p>11:30-1.....* St. Patricks Day Lunch (M1-3)</p> <p>1-4:30.....Scrabble (L)</p> <p>1:30-3:30.....Computer Tutor (C)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p>														
<p>9-5.....* Income Tax Appts. (C) 18</p> <p>9-4.....* Footcare (HR)</p> <p>9-11.....Zentangle (LR)</p> <p>9:30-11:30.....Karaoke (M1)</p> <p>10-2.....Mah Jongg (R)</p> <p>10-12.....Independent Living Specialist (L)</p> <p>10:15-3:30.....* Wings over WA & Aquarium</p> <p>12-1:30.....Pickleball (Gym)</p> <p>1-4:30.....Scrabble (L)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4-8.....Straight Pool (P)</p> <p>5-8.....Extended Hours</p> <p>5:30-8.....Pinochle Party (L)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 19</p> <p>9-12.....TEAMS (L)</p> <p>9:30-11:30.....NO Canasta (L)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (CC)</p> <p>10-12.....* Massage (HR)</p> <p>10-11:30.....Advisory Council (LR)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:30-2.....Computer Tutor (C)</p> <p>12:45-3:30.....NO Pinochle Party (L & R)</p> <p>12:45-2:30.....Bingo (LR)</p> <p>2-4:30.....NO Table Tennis (M2-3)</p> <p>5-8.....Extended Hours</p> <p>5:30-8.....Mexican Train Dominoes --</p>	<p>9-12:45.....* SHIBA & SRA (CR) 20</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:45-3:45.....* Pool Tournament (P)</p> <p>1-3.....* Watercolor (LR)</p> <p>1-3.....Veterans Meeting (CR)</p> <p>1-3:30.....NO Movie (R)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4:30-6:30.....MO Movie (R)</p> <p>5-8.....Extended Hours</p> <p>5:30-8.....Mexican Train Dominoes</p> <p>6:30-8:30.....* Watercolor (LR)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 21</p> <p>8:30-4:30.....* Dental Services (HR)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....NO Sail</p> <p>9:30-10:30.....Tai Chi (LR)</p> <p>10:30-11:30.....Beginning Spanish (LR)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:45-3:30.....NO Pinochle Party (L & R)</p> <p>1-1:45.....Iphones (LR)</p> <p>1:45-2:30.....Android Phone (LR)</p> <p>2-4.....Line Dancing (LGB)</p> <p>5-8.....Extended Hours</p>	<p>8:30-4:30.....* Dental Services (HR)</p> <p>9-5.....Rummage Sale</p> <p>10-3.....Respite (LR)</p> <p>10-12:30.....NO Contract Bridge (R)</p> <p>10-12.....Computer Tutor (C)</p> <p>1-4:30.....NO Scrabble (L)</p> <p>1:30-3:30.....Computer Tutor (C)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p>														
<p>8:30-12:30.....* Drivers Safety (LR) 25</p> <p>9-5.....* Income Tax Appts. (C)</p> <p>9-4.....* Footcare (HR)</p> <p>9:30-11:30.....Karaoke (M1)</p> <p>10-2.....Mah Jongg (R)</p> <p>11-12.....Blood Pressure Clinic (L)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>1-2:30.....Office Volunteer Meeting (CR)</p> <p>1-4:30.....Scrabble (L)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4-8.....Straight Pool (P)</p> <p>4-8.....Line Dancing Group (LR)</p> <p>5-8.....Extended Hours</p> <p>5:30-8.....Pinochle Party (L)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 26</p> <p>8:30-12:30.....* Drivers Safety (LR)</p> <p>9-12.....TEAMS (L)</p> <p>9:30-2:30.....* Walk: Samammish River Trail</p> <p>9:30-11:30.....Canasta (L)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (M2)</p> <p>10-12.....* Massage (HR)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:30-2.....Computer Tutor (C)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>2-4:30.....Table Tennis (M2-3)</p> <p>4-11.....* Cats- Paramount</p> <p>4-8.....Line Dancing Group (LR)</p> <p>5-8.....Extended Hours</p> <p>5:30-8.....Mexican Train Dominoes (L)</p>	<p>10:30-12.....Music by Country Fever (M1-2) 27</p> <p>11:15-2:15.....*Katie Downs</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:45-3:45.....* Pool Tournament (P)</p> <p>1-3.....* Watercolor (LR)</p> <p>1-3.....Veterans Meeting (CR)</p> <p>1-3:30.....Movie: Mr. Church (R)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p> <p>4:30-6:30.....Movie: Mr. Church (R)</p> <p>5-8.....Extended Hours</p> <p>5:30-8.....Mexican Train Dominoes (L)</p> <p>6:30-8:30.....* Watercolor (LR)</p>	<p>8-9.....Silver Sneakers Circuit (CC) 28</p> <p>9-2.....* Massage & Acupuncture</p> <p>9-10.....Host/Hostess/Barista Meeting (M1)</p> <p>9:30-11:30.....Senior Volleyball (Gym)</p> <p>9:30-10:30.....Sail (M2)</p> <p>9:30-10:30.....Tai Chi (LR)</p> <p>10:30-11:30.....Beginning Spanish (LR)</p> <p>11-12.....* Gentle Yoga (CC)</p> <p>12-1:30.....Pickleball (Gym)</p> <p>12:45-3:30.....Pinochle Party (L & R)</p> <p>1-2.....Food Science (LR)</p> <p>2-4.....Line Dancing (M2-3)</p> <p>5-8.....Extended Hours</p>	<p>9-3:30.....*Hike: Soaring Eagle</p> <p>10-3.....Respite (LR)</p> <p>10-12:30.....Contract Bridge (R)</p> <p>10-12.....Computer Tutor (C)</p> <p>1-4:30.....Scrabble (L)</p> <p>1:30-3:30.....Computer Tutor (C)</p> <p>2-3.....* Silver Sneakers Classic (CC)</p>														